

**KO's Family Fitness Basketball Camp Registration**

With instruction from Minnesota Timberwolves' Assistant Coach Darrick Martin,  
Chicago Bulls' Joe Alexander, and former NBA & overseas player Kevin Thompson  
-Sponsored by Mercedes Benz of Winston-Salem and McDonald's-

**August 16-20, 2010**

8:30 am – 4:30 pm at Forsyth Country Day School- Livengood Gymnasium

**\*NOTE: Camp will end at 12:30 on Fri, August 20**

**Camper Information**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

School: \_\_\_\_\_ Grade in School: \_\_\_\_\_

Parent/Guradian: \_\_\_\_\_

Home Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

**Emergency Contact Information**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Existing Injuries/Medical Concerns: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

As this is a high intensity athletic camp that incorporates performance training as well as speed and agility, please make sure the camper comes prepared with water, appropriate footwear, towel, etc. as well as eats a nutritious breakfast before arriving. Lunch will be provided !!

Please return this form and \$200 registration fee by \_\_\_\_\_. Checks should be made out to Forsyth Country Day School, memo KO's Family Fitness

KO's Family Fitness [konealfitness.com](http://konealfitness.com) 336.577.3403